

夫婦關係教育(兩天工作坊) - 促進關係連結的對話

重要聲明

本工作坊(促進安穩連結的對話) 是一項夫婦教育資源, 幫助夫婦提升關係的素質。此項活動並非用意取代有需要與有專業訓練的治療師進行的個別夫婦治療。如果你自己, 你的伴侶, 或家人正經歷嚴重的關係困苦, 嚴重抑鬱或精神問題, 我們建議你立刻尋求專業治療, 並考慮只有精神健康專業人士幫助下, 才使用這課程活動。

The Hold Me Tight Program: Conversations for Connection is an educational resource for couples interested in enhancing the quality of their relationship. This program is not intended to be a substitute for individual couples therapy with a trained professional therapist. If you, your partner or a family member are experiencing significant relationship distress, serious depression or mental health problems, we urge you to seek professional treatment immediately and consider using this program only with the help of a trained mental health professional.

主辦機構按照課程指引, 需要於開組前填寫篩選問卷, 來評定是否適合參加此小組, 還需要簽署同意書, 如評定為不合適者, 所交費用, 如額退還, 如願意的話, 均個別以 ICEEFT 婚姻治療或轉介跟進。